



M. C. E. Society's
Abeda Inamdar Senior College
Of Arts, Science and Commerce, Camp, Pune-1
(Autonomous) Affiliated to Savitribai Phule Pune University
NAAC accredited 'A' Grade

Faculty of Arts

F.Y.B.A Psychology Syllabus

(Choice Based Credit System – Autonomy 21 Pattern)

To be implemented from A.Y. 2021-22

| Class | Subject | Semester | Credits | Codes |
|----------------|---|-----------------|----------------|--------------|
| F.Y.B.A | DSC PSY 1A Introduction to Psychology | 1 | 3 | ABPS1110 |
| F.Y.B.A | DSC PSY 1B Foundations of Social Psychology | 2 | 3 | ABPS1210 |

Syllabus (Semester I)

| | |
|----------------------------|----------------------------|
| Course/ Paper Title | Introduction to Psychology |
| Course Code | ABPS1110 |
| Semester | I |
| No. of Credits | 3 |

Aims & Objectives of the Course

| Sr. No. | Objectives |
|----------------|--|
| 1. | Introduce Psychology as a discipline and branch of knowledge to students |
| 2. | Help students to understand the basic psychological processes and their applications in day to day life. |
| 3. | To inculcate sense of Scientific Aptitude, Approach & Social Awareness in students |
| 4. | To develop self-understanding and insight |
| 5. | To equip students with basic self-help skills (psychological and social) |

Expected Course Specific Learning Outcomes

| Sr. No. | Learning Outcome |
|----------------|---|
| 1. | Develop the ability to evaluate cognitive processes, learning and memory of an individual. |
| 2. | Understand the importance of motivation and emotion of the individual. |
| 3. | Understand the personality and intelligence of the individuals by developing their psychological processes and abstract potentials. |

Syllabus

| Unit No. | Title with Contents | No. of Lectures |
|-----------------|---|-----------------|
| Unit I | Psychology: A Science | 12 |
| | i. Psychology : a Science, goals of psychology, professionals in Psychology | 2 |
| | ii. The brief history & perspective of Psychology: (Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism) | 3 |
| | iii. Understanding Behaviour through Methods in Psychology – Observation, Experimental, Survey, Case Study | 3 |
| | iv. Indian Psychology: Past and present | 3 |
| | v. Application: Career Avenues in Various fields of Psychology | 1 |
| Unit II | Cognitive processes | 15 |
| | i. Sensation, Attention and Perception, nature of perception, laws of perceptual organization | 4 |
| | ii. Learning- Classical and Operant conditioning, observational learning | 4 |
| | iii. Memory-processes, information processing model(s) | 4 |
| | iv. Forgetting: Theories of forgetting | 2 |
| | v. Application: Memory Improvement Techniques | 1 |
| Unit III | Motivation and Emotion | 12 |
| | i. Motivation: Definition, Concept of Homeostasis & Maslow's Hierarchy of Motivation | 2 |
| | ii. Types of Motivation: Physiological, Psychological & Social | 3 |
| | iii. Motivational Conflicts: Intra-Conflicts & Inter-Conflicts | 2 |

| | | |
|----------------|--|-----------|
| | iv. Emotion: Definitions, Nature & Importance, Basic Emotions (Joy, Excitement, Tenderness, Sadness, Anger, Fear & Love) | 3 |
| | v. Application: Conflict Resolving Skills | 2 |
| Unit IV | Personality and Intelligence | 15 |
| | i. Personality – Definitions, Nature | 2 |
| | ii. Personality as a set of traits: Cattell’s, Allport’s & Big Five Theory of Personality | 4 |
| | iii. Freud’s Psychoanalytical Theory of Personality and Transactional Analysis | 4 |
| | iv. Intelligence: Definitions, Theories of Intelligence (Gardner's Theory, Cattell’s Theory of Intelligence) | 3 |
| | v. Applications: Personality and Ability Testing | 2 |

References:

Ciccarelli, S. K.; White J. N. Adapted by Girishwar Misra (2018). Psychology (5th Edition). Pearson.

Feldman R. S.(2015). Understanding Psychology (12th Ed.) New Delhi : Tata Mc Graw Hill.

F.Y.B.A Psychology
2021-22 (CBCS – Autonomy 21 Pattern)

| | |
|----------------------------|----------------------------------|
| Course/ Paper Title | Foundations of Social Psychology |
| Course Code | ABPS1210 |
| Semester | II |
| No. of Credits | 3 |

Aims & Objectives of the Course

| Sr. No. | Objectives |
|----------------|---|
| 1. | Introduce Social Psychology as a branch of knowledge to students |
| 2. | Help students to understand the basic social processes and their applications in day to day life. |
| 3. | To inculcate sense of Scientific Aptitude, Approach & Social Awareness in students |
| 4. | To develop self-understanding and insight |
| 5. | To equip students with basic self-help skills (psychological and social) |

Expected Course Specific Learning Outcomes

| Sr. No. | Learning Outcome |
|----------------|---|
| 1. | Understand the basics of social psychology. |
| 2. | Understand the nature of self, concept of attitude and prejudice of the individual. |
| 3. | Assess the interactional processes, love and aggression in our day today life |
| 4. | Understand group dynamics and individual's role in the social world. |

Syllabus (Semester II)

| Unit No. | Title with Contents | No. of Lectures |
|-----------------|--|-----------------|
| Unit I | Introduction to Social Psychology | 12 |
| | i. Definition, history and scope of social psychology | 2 |
| | ii. Levels of social behaviour and approaches | 2 |
| | iii. Community mental health | 3 |
| | iv. Social Cognition and Social Perception | 3 |
| | v. Application: SWOT Analysis | 2 |
| Unit II | Individual Level Processes | 14 |
| | Self –Concept: Nature, Self-regulation and self-presentation, Gender and Gender Identity | 3 |
| | 2.2. Attitude: Definition, components, Dimensions and formation of attitude | 3 |
| | 2.3 Attribution: Definition and Bias | 3 |
| | 2.4 Prejudice: Causes. | 3 |
| | 2.5 Application: Overcoming Prejudice | 2 |
| Unit III | Interpersonal processes | 14 |
| | i. Interpersonal attraction, love | 2 |
| | ii. Pro-social behaviour | 2 |
| | iii. Locus of control, increasing our helping nature. | 3 |
| | iv. Aggression: Meaning, Nature and causes of Aggression | 2 |
| | v. Application: Delaying Gratification and Impulse Control Practices | 3 |
| | | 2 |
| Unit IV | Group Dynamics | 14 |
| | i. Groups: When we join and when we leave, the benefits of joining | 2 |

| | | |
|--|--|---|
| | ii. Cooperation and Conflict | 3 |
| | iii. Conformity; Factors affecting Conformity, Obedience & Authority | 4 |
| | iv. Group decision making | 3 |
| | v. Application: Team Building | 2 |

References:

Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, Gopa. (2017). Social Psychology. (14th Ed.). New Delhi: Pearson Education

Myers, D. G. (2017). Social Psychology. (14th Ed.), McCraw- Hill Education.